

Lenten Donations

During Lent we are looking for Donations for the homeless and those in need. These donations will be distributed through Vinnies.

We are looking for donations of:

20th /21st February:
Long life Milk



27th /28th Feb:
Canned Foods eg
Meat/ Fish/ Fruit/
Vegetables/Soup



6th/7th March:
Pasta / Pasta Sauce

13th/14th March:
Laundry Products eg
Washing Powder



20th/21st March:
Breakfast Cereal

27th/28th March:
Tea/ Coffee/ Biscuits



All donations will go straight to the Vinnies conference in our parish to assist with their food hampers.
Thank you for your support.

Housing is a human right, but on any given night in Australia more than 116,000 people are homeless.

Homelessness doesn't discriminate – the homeless population comprises people of all ages and backgrounds. For some, homelessness is a one-off occurrence. For others, it is a prolonged experience that may be interspersed with periods of being housed. The experience of homelessness in Australia can also vary greatly – from sleeping on the streets or moving between temporary situations, to living in a crowded or unsafe dwelling that effects a person's ability to participate in family and community life.

Vinnies volunteers help break through the barriers of loneliness and isolation that many living on the fringe of society suffer.

We do this by visiting people in their homes, offering emergency relief, and by operating soup vans.

Vinnies goes where the need is and no work of charity is foreign to us. By providing material assistance or a warm, nutritious meal, blankets, toiletries, snacks, hot beverages and most importantly, companionship, our volunteers help foster genuine communities of friends.





For Lent, Pope Francis proposes 15 simple acts of charity which he cited as concrete manifestations of love:

1. Smile, a Christian is always cheerful!
2. Thank (even if you do not "need" to do it).
3. Remind others how much you love them.
4. Greet the people you see every day with joy.
5. Listening to other's story, without trial, with love.
6. Stop to help. Pay attention to those who need you.
7. Animate someone.
8. Recognize the successes and qualities of others.
9. Separate what you do not use and give to those in need.
10. Help someone so they can rest.
11. Correct with love; do not be silent for fear.
12. Have finesse with those close to you.
13. Clean up what has become dirty at home.
14. Help others overcome obstacles.
15. Call or visit your parents more.

